



Broadmead sets dementia care goals

By Bob Heaton and Jackie Mintz

CEO John Howl and COO Robin Somers are determined to establish a Center of Excellence for dementia care at Broadmead that will be acknowledged as the best in the state, and perhaps the best nationally and globally.

The mission, according to John, is to provide “an innovative and comprehensive approach to dementia care that will treat each person with dignity, respect and compassion.”

To accomplish this lofty goal, the two executives say three components are necessary: personnel, facilities and programs. They believe that the recent additions of Wellness Director Andy Switzer and Director of Lifestyle Stacey Young go a long way toward completing the staffing requirements.

Facilities include physical space and the furnishings in that space to provide care. The space is on the Master Plan drawing board, and the furnishings are in the process of being acquired, largely under the guidance of the Asbury Group, the consulting wing of an organization that operates seven successful CCRCs. Asbury is suggesting the use of a variety of products for monitoring, therapy and quality of life assurance.

Equally important, Broadmead is evaluating and establishing best practice programs in collaboration with a group of experts in aging from Johns Hopkins Medicine, led by Dr. Constantine Lyketsos.

John stressed that Broadmead will not use experimental programs, but will only engage in practices that are supported by research.

Stacey Young noted that dementia is a condition that has a very long progression path, and each case is different. She said that early detection of a patient’s position on his or her

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Dementia Program to feature two innovative music programs in collaboration with Peabody

By Jackie Mintz

Two programs, in collaboration with the Johns Hopkins Peabody Conservatory, will be coming to Broadmead in the fall, a choral group and a musician-in-residence.

Hallowell residents and their caregivers will embark on a program of choral singing, with 10 practice sessions culminating in a public recital. Each practice session will be followed by a time for socializing.

Peabody researchers are interested in the experiences in the social setting of caregivers and those facing memory impairment to see what social benefits this shared time has for

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Masthead photo by Erroll Hay

Prevention, causes and care of dementia explained

By Frank Iber, M.D.

Dementia is present when two or more functions of daily living can no longer be performed or there is major memory loss, Peter Rabins, M.D., told a full house of residents obviously worried about what the future holds.

For those trying to discern dementia or Alzheimer's disease, which he called "brain failure," from normal aging, Rabins cited as symptoms: repeatedly saying the same thing, repeatedly forgetting things that ordinarily would be remembered because of their importance, getting lost in a familiar neighborhood, inability to drive, cook or conduct previously highly familiar activities, or markedly diminished initiatives.

But only 2 percent of Alzheimer's is caused by simple Mendelian genetics, he said, adding that this form is severe by age 45. About 50 genes are involved in inheritance. A blood lipid protein is involved in Alzheimer's.



One percent of dementia is related to health or medication and is curable, he said.

Rabins, co-author of *The 36-Hour Day*, a widely read book for caregivers, is professor of Alzheimer's disease and related disorders in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins School of Medicine and holds joint appointments in the Departments of Mental Health and Health Policy and Management at the Hopkins Bloomberg School of Public Health.

Speaking on the topic "When Should I Worry" at last month's Health Care lecture, Rabins said cohort studies on normal aging found that the recall of a list of words or speed of function uniformly decreased with age.

Yet when the same individuals were followed for over 30 years, little change occurred. Learning and motor skills did not decline at all.

Epidemiological studies indicate that diabetes, midlife elevated blood pressure, obesity, depression, smoking, low education and diminished physical activity are associated with increased rates of dementia.

Correcting smoking, diabetes, obesity, blood pressure and following a Mediterranean-type diet are believed to diminish the occurrence and possibly slow its progress, he said.



Broadmead's annual Seder attracted a large interfaith crowd to the Auditorium to enjoy special Passover dishes prepared by Food Service. The event was organized by Sheila Meyers, above left, pouring wine for Isaac Rehert.

Returning again this year to lead and explain the service was Reva Freedman, at right, daughter of resident Eli Freedman.



Continuing Broadmead's involvement... Smith to lead state MaCCRA

By Marcia Reinke

Broadmead resident Alma Smith has been elected president of the statewide Maryland Continuing Care Residents Association and will assume its leadership July 1.

Fifteen Maryland CCRCs are currently members of MaCCRA, which represents senior-community residents in legislative, financial, contract and health care matters. MaCCRA works closely with the Department of Aging and employs a liaison to promote its interests before the General Assembly.

Elected with Alma at the May 21 annual meeting was

Broadmead resident Ethel Landis, who will continue as treasurer. Other executive committee members are from Collington, Oak Crest and Carroll Lutheran Village. Carroll Lutheran hosted the event.

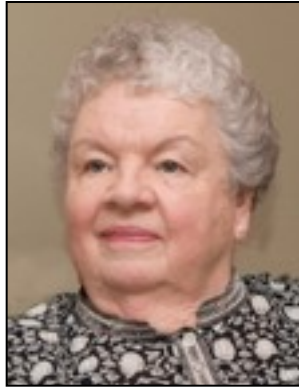
Continuing as auditor is Broadmead resident Jean Wilson.

Broadmead's involvement in MaCCRA dates back to 1994, when it was established by late resident Bob Starks.

Due to the extensive duties of the MaCCRA state president, Alma subsequently declined nominations to continue as president of the Broadmead MaCCRA chapter and as Activity Chair on the Broadmead Residents Association executive committee.

A resident of Broadmead since 2007, Alma served as state secretary of MaCCRA for three years beginning in 2012-2013, during which time she frequently accompanied former MaCCRA president Jonas Rappeport throughout the state in efforts to increase membership. Active also in the Broadmead chapter, she served as its secretary from 2012 to 2015 and as president in 2015-2016.

At Broadmead, Alma has been a member and chair of the Broadmead Residents



Assistance Fund and a member of the Residents Association Nominating Committee. Her other activities have included Holiday Decorations (chair), Health Care Committee (secretary), Let's Sing, cluster rep and comprehensive care volunteer. She also co-leads the weekly Qi Gong class.

Alma attended the University of Maryland and Strayer Business College. She worked in Baltimore County Public School administration for 16 years, retiring as executive assistant to the deputy superintendent.

In other business at the state meeting, delegates heard from Marty Roach, head of the CCRC section at the Department of Aging, and from legislative liaison Barbara Brocato.

Because the **Broadmead Chapter of MaCCRA's annual meeting** took place too close to the *Voice* deadline for sufficient coverage of presentations by Jill Schumann, president of Maryland Leading Age, State Senator Jim Brochin, Delegate Chris West and MaCCRA lobbyist Barbara Brocato, reports of their talks will appear in the September issue.

At the business meeting members elected the following slate of chapter officers: Marcia Reinke, president; Denise Love, first vice president; Alma Smith, second vice president; Kitty Stierhoff, secretary; Ethel Landis, treasurer; and Elsa Collins, membership.

Broadmead's MaCCRA membership has topped 50 percent at 203 residents, an all-time high. The Auditorium for the June 8 meeting was near capacity.

Oops...The writer of an item in last month's "Briefs", about the Murphys and their talented and handsome fox neighbors, has been advised by friend Nancy Boyce that "she-fox" is an incorrect term. The female of the species is a "vixen." A male fox is, well, a "fox". And since the Murphys' vixen and fox appear to be friendly, writer has been advised that next item should not be about "baby foxes," but "kits." Teenage foxes, it seems, are "cubs."

Baker receives honorary degree



Johns Hopkins University awarded resident Susan Baker a Doctor of Humane Letters honorary degree at its May commencement. The citation read in part: "It is no exaggeration to say that your research and advocacy have helped save countless lives, particularly among children and other vulnerable populations. It is a legacy that has made you, in the words of one of your students, the Albert Einstein of injury prevention."

Photo courtesy Johns Hopkins

Multicultural Committee brings inner-city students here again

By Gwen Marable

Responding for a second year to the Baltimore uprising of April 2015, the Multicultural Committee is again offering a program for inner-city youth this summer.

The program brings the young people to work as part of the Service Learning Program required by the Board of Education. Following a June orientation, the program will run from July 5 through August 12. Included are transportation and lunch for the students.

All departments have been invited to offer programs that will be instructive as well as interesting for the students.

Last summer a student who worked with Grounds Manager Linnette Kanitz became a part-time employee with Food Service.

At \$46,958 the Employees Appreciation Fund tops goal

By Marcia Reinke

A total of \$46,958 was contributed to the Employees Appreciation Fund last month, topping a \$41,000 goal and a record for a spring drive.

Hyko Laeyendecker, who has organized the drive for the past several years, said December drive totals regularly exceed those in the spring. December 2014 set a record of \$48,334.

For the entire 2015-2016 fiscal year, residents showed their appreciation of Broadmead's employees by giving \$94,106.

Participating this time were 261 of Broadmead's 364 residents, or 72 percent. The average gift was \$180, which by coincidence also turned out to be the average amount received by the hourly staff.

The smallest gift was \$12.50 and the largest, a single gift of \$1,000. Three associate members sent checks; 103 residents, or 28 percent, did not contribute.

Hyko noted that some clusters had high contribution rates and others low. He is pondering the initiation of a cluster competition for the next drive.

Based on hours worked, 237 hourly staff received checks; 54 received the maximum amount of \$288.13. The lowest was for \$9. Checks are net social security (FICA), which is paid by the Residents Association.

Salaried staff do not participate in the program.

Including a carryover from the December drive, a total of \$50,292 was available for distribution of which \$48,878 was contributed and \$1,415 carried over to the next drive.

Writers Group

Fridays, 4 p.m. Fireplace Room

To Join the Residents Email List

Send an email to:

brabroadmead@gmail.com

You will receive an email with instructions

Note: For residents only

Operating and capital budgets are okayed; fees up 3 percent

By Marcia Reinke

The Broadmead trustees have approved a 2016-2017 operating budget totaling \$20.4 million and an increase of 3 percent in basic monthly fees beginning July 1. This year's budget has been \$19.6 million.

The trustees also approved a 2017 capital budget of \$4.5 million, to which a carryover of \$6.3 million will be added. Major capital expenses this year were for independent living renovations and refurbishment; equipment and furnishings; information technology; and initiation of work on the new entry sequence.

The new capital budget also includes a continuation of Master Planning activities, walkway and fire alarm replacement, more money for information technology, equipment and furnishings, plus a \$200,000 contingency.

Not included in any of the budget figures are actual Master Plan construction costs, which will be otherwise financed.

Using Power Point, CFO John Palkovitz presented highlights of this budget to residents attending the May 13 Fireside Chat. Copies are available on request.

In addition to the fee increase, revenue assumptions include a 5 percent increase for skilled nursing private pay (non-resident) services; an increase in Medicare inpatient occupancy; maintaining garden home occupancy at 95 percent (it is now higher than that); an OPD visit volume of 432 per month; and investment income in the \$750,000 range.

Expense assumptions include an increase in the minimum wage to \$11 an hour for all full-time employees; an average 1.5 percent increase in base wages based on an individual performance review; and a potential 2.5 percent pay-for-performance raise based on overall organizational goal achievement.

John explained that exempt (managerial) staff will receive a 1 percent average wage increase based on individual performance reviews, plus a potential 1 percent pay-for-performance for mid-year organizational goal achievement and a potential 2 percent raise for year-end goal achievement.

Lower costs are anticipated by reducing staffing by 3.4 full-time equivalent employees,

achieved primarily through shift overlap reductions in licensed care and release of one nurse practitioner, but benefit costs are expected to increase by 7.2 percent for medical coverage and 33 percent for workers' compensation. General inflation increases are assumed at 2 to 3 percent.

The budget also includes \$40,000 to provide supplementary funding for BRAF activities.

In connection with both the operating and capital budgets, Barrett Rudd, chair of the Board of Trustees, and CEO John Howl said, "Broadmead's goal is to strive for quality of service to our residents, operational excellence and appropriate stewardship of financial resources. Therefore the budgets reflect our commitment to continuing high quality, service-oriented operations and financial sustainability, while making strategic investments in information technology, the philanthropic function, and continued development of our centers of excellence."

BRAF ready to help with residents' financial needs

By Alma Smith

Residents who are seriously worried about handling the July 1 increase in monthly fees may apply for help from the Broadmead Residents Assistance Fund (BRAF).

According to the guidelines, residents are eligible if their financial holdings are \$100,000 or less, if yearly expenses exceed income, or if they are nearing either or both situations.

Help is also available for residents who lack the resources to finance special needs and services, such as hearing aids, power-operated vehicles, dentures and dental treatment.

BRAF assets now total \$8.4 million. The fund has been assisting five residents this year.

Applications may be made in confidence to either Chief Executive Officer John Howl or Chief Financial Officer John Palkovitz. The BRAF Council decides on each request. To ensure privacy, requests are discussed by case number only, and not by residents' names.

Current BRAF Council members are residents Alma Smith, Frank Iber and Saralee Goodman and Trustee Jean Wilson.

Dementia, continued from page 1

particular pathway enables the care team to provide the most appropriate care. It is important to discover from the patient his or her favorite things to do, eat, watch or listen to, and also what things are unpleasant or painful.

Where and how one wants to live is a large part of this equation.

All these variables should be established while the patient is still able to communicate them, and family members should be involved in the process. Stacey wants Broadmead's stance to be anticipatory.

Robin pointed out that a substantial element of Broadmead's dementia initiative is already operational.

A staff group called the Care Management Committee is working to see that the best care available is being provided to Broadmead's residents who have been identified as being in some stage of dementia.

She estimates that approximately 50 percent of the population in licensed care (Hallowell and Taylor) falls into this category.

The Care Management Committee includes Robin, OPD Director Leslie Green, Senior Director of Facilities Joyce Malone, Director of Social Work Julie Heffner, and Health Care Administrator Ann Patterson, who is serving as the bridge between OPD and licensed care.

Both Robin and Stacey emphasized that the lubricant that will permit the mechanism of this initiative to operate is education. Residents, caregivers, families and staff from all departments need to be provided with as much information as possible.

Broadmead's history includes numerous instances of dementia diagnoses originating in observations and reports from food service, housekeeping and maintenance staff.

To support and improve this function, Robin has asked that department chairs provide in their budgets for eight hours of training for most employees over the course of a year. The training topics will vary by department.

The physical health and wellness of the patient is another important factor. Andy Switzer's increased activities in Taylor and Hallowell are designed to further this goal.



Spectacular photos of land, animals and people, taken by Edwin Remsberg during a Land Rover drive across Africa in 2015, filled the East Hall in May. Edwin is the nephew of resident Mary Ellen Saterlie. Pastels by Joyce Lister are now on exhibit. Photo by Erroll Hay

Peabody, continued from Page 1

both caregivers and persons with memory impairment.

The musician-in-residence program results from a collaboration between Broadmead's Center for Dementia Care and Peabody's Center for Music and Medicine.

Starting at the end of July, Peggy Houg, a harpist, and the winner of a fellowship for the Broadmead musician-in-residence assignment, will reside in Stony Run and give weekly concerts alternating between Hallowell and Taylor. She will also make room visits when requested. At the end of December, when the fellowship ends, Houg will give a concert in the Auditorium.

Because the Peabody program sends fellows to several different institutions in Baltimore, and stipulates that they rotate through the institutions, other fellows will also be performing at Broadmead. Another feature of the program is that Houg will have practice time in various locations of the Center, where residents can listen.

Bird and Nature wants more residents to join the group. Interested?

Call Phyllis Hoyer at x8279.

New computer systems to help those with memory loss

by Jackie Mintz

A new computer system, called “It’s Never Too Late” or iN2L, will make life more livable, not only for those with dementia but also for residents who fear future memory loss.

In addition to the existing 23-inch “Mobile Flex” screen and 14-inch tablet, Broadmead will add a huge 70-inch screen and perhaps a second Mobile Flex. The cost of the system will be at least partially defrayed by proceeds from this year’s Annual Fund drive.

The new system not only offers a wide range of selected games and other video programs, it also provides for the creation of individual “My Page” accounts, tailored for each resident and containing information about his/her life, likes and dislikes.

Each My Page account will have an important file called “My Back Story,” with content provided by the resident, family and friends. Family members will be encouraged to contribute content, both text and photos, directly or remotely from their home computers. Residents or staff can program the page for the resident’s favorite television programs, preference in movies and music, travelogues, documentaries, or games.

Another file, called “My Care,” will contain care and medical information about the resident for the use of caregivers. A new member of the nursing staff can swiftly become familiar with a resident’s profile. A nurse seeking a way to interact with an agitated resident may quickly be able to find a solution in this trove of information. The My Care page could also contain therapy videos.

Staff members are now assembling the page, including the life story, for each of Hallowell’s 55 residents, according to Lifestyle Director Stacey Young. Stacey hopes that this plan will be implemented for all residents, including those in the clusters, at a time in

their lives when they are able to produce their own back story.

iN2L systems contain over 3,000 programs that will allow residents to engage in social interaction, such as email or Skype, intellectual and physical exercise, vocational pursuits, and spiritual activities.

A second system, the Polycom teleconferencing system, will allow for interactive learning experiences, with unlimited opportunities to connect with organizations such as the Cleveland Museum of Art. Residents and staff will be able to communicate with studios set up in such

organizations. They will be able to see a work of art currently hanging in the museum, hear from a docent, and ask questions of live presenters.

Computer and conferencing system are Annual Fund goal

By Bob Heaton

The purchase of a 70-inch touch screen computer and a teleconferencing system is the goal of this year’s Annual Fund drive.

Targeted, in addition to a list of regular donors, have been residents and residents’ children and grandchildren who have been reminded that especially in Mother’s and Father’s Day season few gifts could be more appreciated than those that will improve their parents/grandparents’ quality of life.

The “It’s Never 2 Late” (iN2L) computer and the teleconferencing system are expected to cost \$32,750. The iN2L will be demonstrated in the auditorium at 2:30 p.m. on Monday, June 20, and at 10:30 a.m. on Wednesday, June 22. Interim development director Laura Weinman is handling the fund drive.



Stacey Young testing new computer system



Food Service sponsored a special dinner for “Twins,” at which residents and staff attempted to dress alike. From left to right above are residents Richard and Joyce Gilley; staffers Adeysha Crowder and Ashley Wilson; and Antoinette Moulden, Crissy Keemer, and Katie Smith with twin doll. Lower left are residents Ginny Hoefner and Mike Bielefeld. Broadmead’s real twins Gwyn Sirota and Gay Block were also there. They are pictured on page 24.

Photos by Mike Bielefeld and anonymous residents

Cardiologist explodes medical myths

By Frank Iber, M.D.

Donald Dembro, M.D. believes doctors provide too much care, too many medications and too little attention to recommending better diet and more exercise.

In a Health Care talk titled “Myths in Medicine,” Dembro said people are too accepting of claims in health advertisements and on the internet. Among the myths are special diets, supplements, devices such as magnets or copper bracelets and untested folk cures, he said.

Ads for dietary and non-prescription medications often include fraudulent claims of health outcomes, and news reporters frequently emphasize minor advances as breakthroughs.

Doctors have been responsible for neglecting simple actions, such as hand washing in hospitals, immunizations and use of older, cheaper, proven safe and effective medications in favor of new, costly products. They have been very slow to discontinue treatments that have proven harmful, he said.

He also cited as myths that vaccines cause autism, that acupuncture has widespread benefits or that organic foods have unique

health benefits. He noted the placebo effect as the basis for a beneficial outcome for many worthless therapies, and the power of the immune system to control infections.

Dembro, now with Johns Hopkins Cardiology, is the former chief of cardiology at Maryland General Hospital.

Broadmead Play Readers

Wednesday, July 6, 7 p.m.

Fumed Oak by Noel Coward
Adapted by Resident John DePrine

Wednesday, August 3, 7 p.m.

Sherlock Holmes:
10 Minutes to Doom and
The Golden Door by Robert Mauro

Let's Sing

Monday, June 20, 7 p.m.
(Last program of the 2015-16 season)

Annual meeting...**Broadmead Residents Association winds up productive year***By Marcia Reinke*

At a largely ceremonial annual meeting of the Broadmead Residents Association, both outgoing President Jim Crowder and Treasurer Marj Espenschade reviewed the good news of a highly productive year.

Jim, whose 58th wedding anniversary also occurred June 6, thanked the BRA executive committee, standing committee chairs, cluster reps and the dozens of residents who contributed time and effort in 2015-2016 to the BRA.

Noting that the Residents Association "helps provide the unique flavor which distinguishes us among continuing care retirement centers," he praised the open and transparent relationship enjoyed with the trustees and the administration. His full report will appear in the second compilation of BRA annual reports to be published this summer.

In a summary of the BRA's financial status, Marj said income from fundraising activities and other sources at \$83,681 has exceeded the budget of \$63,850. A final treasurer's report will be prepared after the close of the fiscal year when all bills have come in.

Marj also applauded residents' record donations to the Employee Appreciation Fund, the BRA's \$6,000 in charitable donations and other donations in kind.

Elected was the previously-announced slate of officers for next year: Bob Daly, president; Sue Carnell, first vice president; Cliff York, second vice president; Lolly Farrington secretary; Molly Edgar, associate secretary; Erroll Hay, treasurer; Fred Meise, associate treasurer; Alice Giles, cluster coordinator; and Susie Fetter and Jim Crowder, representatives to the Board of Trustees. Ethel Landis will be the new activities coordinator, and Frank Iber, Jean Wilson and Lynn Jones will serve on the nominating committee.

Bringing greetings from the administration was CEO John Howl and from the trustees, Board Chair Barrett Rudd. Commenting on the construction envisioned in the Master Plan, Rudd said that Broadmead is about to experience an exciting and challenging year.

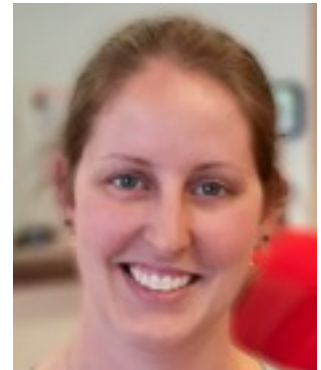
"It won't be as tumultuous for you as for the original mudders," he said referring to Broadmead's first residents, "but there will be a lot going on and accommodations will need to be made."

The 2016-2017 budget will be discussed and voted on at the BRA meeting June 27.

Wellness coordinator appointed*Story and photo by Bob Heaton*

When new Wellness Coordinator Rebecca Smith conducts exercise classes in place of Andy Switzer or Greta Hardwick, participants should be well satisfied with her instruction. Rebecca has a degree in exercise science from Old Dominion University.

Rebecca began her career at the Norfolk Naval Station and most recently directed a wellness program at a Sparks corporation. Her primary focus will be working with Hallowell and Taylor residents, but she will conduct regular classes as well. In the future, she may train in specialty activities like yoga and tai chi.



To promote her personal wellness, Rebecca runs and practices weight training. While at ODU, she rowed competitively.

Although most of Rebecca's experience has been elsewhere, she grew up in Abingdon and Street in Harford County and is a graduate of North Harford High School. Rebecca's husband, Douglas, is a dairy farmer in Street. They are the parents of a 15-month-old boy.

Marilyn Mathias, the coordinator of the resident Season Ticket Transportation Service, reports that buses to the Baltimore Symphony, Shriver Hall, Center Stage and Everyman Theater are filling up. Those who want to reserve a seat should send a check as soon as possible to Marilyn, D-9, made out to the Broadmead Residents Association.

Broadmead Welcomes

Janice Starr, Q-12. 443-578-8276.
janicecstarr@gmail.com. March 2016.

Jan Starr has transformed her unit into a dwelling from the Southwest, full of cactuses and succulents; and punctuated by Southwestern art and striking photographs by her late husband, Raymond (Pete), and photographers such as Ansel Adams and Henri Cartier-Bresson.

Jan and Pete met in Kansas City, MO, where she grew up. He went to Johns Hopkins and she attended Northwestern and the University of Denver.

After stints in Detroit and Cincinnati, where Jan taught school, she obtained a master's degree in social work and later a second master's degree, in human growth and development. With that degree, she embarked on a 12-year career as a family therapist at Shepard Pratt's Forbush School, which serves students with emotional and



behavioral disabilities. In the early years, according to Jan, most of the patients were middle-class, with middle-class problems, whereas later on, many of the patients came from more disadvantaged backgrounds.

These patients and their families, who frequently lived isolated lives, were often in need of life assistance even more than psychotherapy, having to learn how to find health resources and parent support groups.

Jan and Pete moved to Baltimore in the early 1980s, where Pete, a psychologist, joined the faculty at UMBC and the University of Maryland Medical School. Jan has two sons, one in Washington, D.C. and the other in Boston, and two grandchildren.

Since arriving at Broadmead eight weeks ago, she has undergone a hip replacement, yet is already thinking about volunteer teaching in a local school.

By Jackie Mintz

Paulette Trout, R-2. 443-578- 8229,
paulettetrout@gmail.com. January 2016.

Having survived the war in Brussels where she was born and raised, Paulette came to this country with her parents in 1951. Having heard unfavorable reports about American public schools, she applied and was admitted to UCLA at the age of 15.

Graduating with a degree in French, Paulette traveled across the country to New Haven to enroll in the Yale graduate program in French. There she met her late husband, Frank. When he left for New York City, Paulette transferred to the graduate program at Columbia University. They went to Morocco for two years and then to Paris, where she worked on her dissertation.

Returning to the United States, they moved to Cambridge, MA, where Frank had obtained a job at Harvard and where Paulette lived for 25 years until she moved to Broadmead.

In Cambridge, Paulette worked with and became the president of Harvard Neighbors, a group formed to make Harvard a friendlier place for new families. She was also director of education for four years at the French Library in Boston.

Consistent with her interest in the French language and literature of Africa, she was long-time editor of the *Journal of African Literature and the Arts*.

Paulette has continued this interest by writing the introduction to the English translation of the poems of Leopold Senghor, a Senegalese poet who was Senegal's first president and the first African elected to the Académie Française.

Paulette has also written, in French, a biography of Stendhal, the great 19th century French novelist.

Paulette has two sons -- William, who lives in Baltimore, and Gilbert, who is about to move to Cambridge, England. Since moving here, she has acquired a dog named Arturo for Arturo Toscanini.



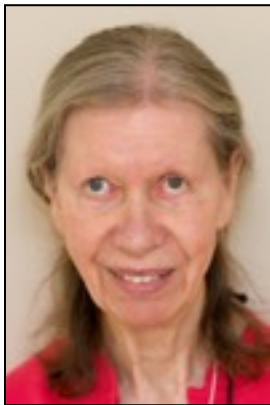
By Jackie Mintz

Dagmar Joeres Miller, F-9, 443-578-8310.
April 2016

Bombs were falling in Stuttgart, Germany, when Dagmar Joeres was born in 1941. Her earliest memories were of her mother rushing with her small children to the bomb shelter when the sirens blew. Soon after, the family moved to Ober Groningen, a farming village, to escape the ravages of war.

Her father, an aeronautical engineer, was invited in 1953 by the United States to bring his engineering skills to America. He was

employed at Curtis Bay. When the children were still teenagers, he returned to Germany to work for Mercedes Benz.



Dagmar came to America speaking no English. With the help of a friend she became fluent in English and obtained a degree in English education at

Western Maryland College (now McDaniel College). After graduation she became a teacher of English, speech and drama at Pikesville High School. She married, had two sons, and now has three grandchildren.

Dagmar later earned a Master of Modern Studies from Loyola College and a Master of Administration from Johns Hopkins University. Among other jobs, she was director of Medical Administration and Education at Sinai Hospital for 11 years, and from 1995 until retirement she worked as an administrator in the Maryland Department of Health and Mental Hygiene. Dagmar's interest in politics led to active community involvement. She was President of the Wyman Park Community Association as well as of the Greater Homewood Community Association and active with the City Fair.

Dagmar likes to read. She has had small roles in the Hopkins Barn Theatre and in the opera as a super. She says, however, that raising her two boys was the most important job she ever had.

By Mary Ellen Saterlie

Amy Redmon-Norwood, D-10,
443-578-8372. bobamynorw@comcast.net.
April 2016.

Amy Redmon-Norwood is the latest addition to the fast growing contingent of League of Women Voters members at Broadmead.

Aside from the League, Amy served on a variety of local and regional planning and zoning commissions, and various mental health associations. As the wife of an Episcopal clergyman, she was active in numerous church committees, regional and national.

In the early 1990s, she became active in the Church of the Nativity, serving on many of its committees, and editing its monthly newsletter.

She was also a professional editor and edited medical journals and books for Waverly Press, Johns Hopkins Press and Oxford University Press.

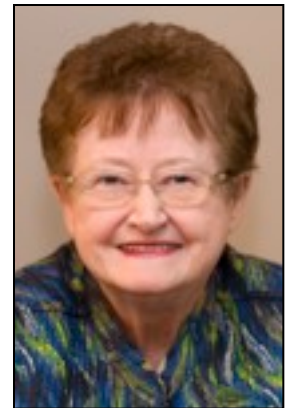
She has taught English in high school as well as at West Virginia's Fairmont State University.

The daughter and granddaughter of funeral directors, Amy grew up with a unique perspective on life and death. Her mother and father met at a funeral directors convention.

Raised in western Pennsylvania, Amy has degrees from Denison University and West Virginia University. She is board certified as an editor in life sciences and certified as a medical editor by the American Medical Writers Association.

Amy was married to William J. Redmon, with whom she had two daughters, Tiphonie and Tariogh. That marriage ended in divorce, and in 1995 she married Bob Norwood in the Nativity Church. He passed away in 2010.

By Jackie Mintz



Moving Around Broadmead

	From	To
Lily Kouo	S-209	P-11

Welcomes continued...

Thomas B. Eastman, D-1, 443-578-8352, tomeastman@msn.com. May 2016.

Tom Eastman, a lawyer, a conservationist and a collector of Asian art, was born in Baltimore, where his father was head of Obstetrics at Johns Hopkins Hospital.

A graduate of Gilman, where he was captain of the lacrosse team, and of Yale, class of 1955, Tom followed up on his ROTC program and was stationed at Fort Hood, TX, which gave him a valuable opportunity to learn about the culture of the military.

Tom married Alice “Ajax” Waterman in 1956, and they moved to Charlottesville, VA, where



he earned his law degree in 1960. Back in Baltimore, Tom joined the law firm of Ober, Kaler, Grimes and Shriver, where he specialized in litigation and law firm management. He is still working on several active family law cases.

The Eastmans lived on Lake Avenue for 48 years.

They have four sons,

Thomas, Timothy, Andrew, and Nicholson.

Another part of Tom’s life is his work with the Woodlands Mountain Institute, where he served as board chairman for 14 years. The institute has programs in the Appalachians, the Andes and the Himalayas, helping local populations with conservation programs appropriate to their area.

The Eastmans’ collection of memorabilia from India, Nepal and Tibet provides a glimpse of the beauty and workmanship of the people, and Tom’s photography captures the magnificent mountain vistas of those countries.

By Mary Ellen Saterlie

Lifestyle Department presents

Alan DeValerio

Former White House butler

Thursday, June 23, 10:30 a.m. Auditorium

Alice (Ajax) Waterman Eastman, D-1, 443-587-8352, ajaxeast@msn.com. May 2016.

Ajax Eastman, a lover of the natural world, has served on the Maryland State Coastal Resources Board, the Maryland State Parks Advisory Committee and the Department of Health and Mental Hygiene Noise Advisory Board. Ajax is also widely known as a prolific writer of letters to the editor.

Her environmental interests, her dedication to preservation and her nickname “Ajax” date back to a camp in Maine, where at age six and the smallest camper, she was dubbed “Ajax the Mighty” after the Greek mythological character.

Born in Johnstown, PA, she attended the Dana Hall School and Connecticut College for Women, where she majored in art history. She married Tom Eastman in 1956. They have four sons and four teenage grandchildren.

She regards as her most rewarding achievement working for the preservation of Maryland’s special ecological niches within the Wildlands Preservation System, including several pristine areas of Gunpowder State Park.

By Mary Ellen Saterlie



Open Forum

Thursday, June 16, 7 p.m.

Baltimore’s Children

Growing Up: 1980-2005

Karl Alexander, Professor of Sociology
Johns Hopkins University

Arriving Residents

Eric and Lynn Walbeck	E-11
Andy and Pat Passmore	L-13
Dotty Schwartz	R-17
Priscilla Barrett	H-9
Jennefer Thomas	Q-6

Holocaust Museum speaker seeks genocide prevention

By Ed Hirschmann

The global campaign against genocide—the mass extermination of ethnic or religious minorities—reached Broadmead last month.

Two officials of the U.S. Holocaust Memorial Museum in Washington addressed the May 25 Open Forum meeting, describing some of the activities and some of the problems in the museum's "Never Again" program, including the problem of arousing international pressures to force a sovereign nation to treat its minorities humanely.

Naomi Kikoler, deputy director of the museum's Center for the Prevention of Genocide, told of her recent visit to minority refugees in Iraqi Kurdistan, who had fled from the murderous attentions of the self-styled Islamic State. While several minorities were attacked, she spoke most of the Yazidis, a local religious sect with a history of more than 5,000 years.

"No one protected them," she said. "It took us over a year to get the U.S. government involved in their threat."

The campaign originally sprang from the systematic massacre of an estimated six million Jews by Nazi Germany during World War II, but not all victims have been religious ones. In Central Africa, a civil war developed between two warring tribes, to which outside nations responded with economic sanctions. Sometimes nations can intervene with "preventive diplomacy," said Kikoler.

But at other times, only armed intervention will help, as was seen in the Bosnian War of 1995. Even here, however, Bosnian Muslims, supposedly under UN protection, were massacred at Srebrenica by Serbian forces, with a death toll estimated at more than 8,000.

Both Kikoler and the other speaker, Andres Abril, director of the museum's Mid-Atlantic



Naomi Kikoler

Regional Office, deplored the lack of progress in genocide prevention efforts — the use of "preventive diplomacy" and economic sanctions, or the development of "punishment law," which governments fear will violate their national sovereignty. Another possibility is "reconciliation projects," attempting to bring hostile groups together.

Rappeport discusses psychiatric analysis of "wannabe assassins"

By Ed Hirschmann

Jonas R. Rappeport, M.D., is a familiar face around Broadmead, but on June 3 he appeared in the rare role of lecturer to describe his work in examining three would-be presidential assassins of the recent past.

In the nearly-filled auditorium, Rappeport told of his forensic psychiatric examinations of Arthur Bremer, Sarah Jane Moore and John Hinckley. Bremer shot candidate George Wallace in 1972, Moore tried to shoot President Gerald Ford in 1975, and Hinckley shot President Ronald Reagan in 1981.

In each case, Rappeport was hired by the prosecution, a difficult position since, he acknowledged, 99 per cent of such suspects are not found criminally guilty. Usually they are confined to a hospital facility until its staff concludes that they are no longer a danger.

Bremer shot and badly wounded Wallace, the "Dixiecrat" candidate for president, apparently out of a need for notoriety rather than concern about his racism.

Moore had had a tangled life which included deep depression, three marriages, four children, undercover work for the FBI, and joining violent political groups. In that role she tried to assassinate Ford.

Hinckley, by contrast, had been a "regular guy," a football player and a class president in school, but he developed a crush on actress Jody Foster. She would be impressed, he thought, if he would "make everything in life perfect" by assassinating President Reagan.

"The only thing they have in common," Rappeport concluded, "is that they were people who really needed attention. They just had nothing else to do."



Tulips in Center garden area

Area Democrats back Clinton, Van Hollen, Cummings; Republicans favor Trump, Szeliga, Newton

By Ed Hirschmann

Broadmead and its neighbors contributed their share to the winning April 26 presidential primary campaigns of Trump and Clinton. A total of 313 people voted in the Republican primary, and 357 cast Democratic votes.

In the Democratic primary, Clinton polled the most votes, 228, for presidential nominee in election district 08-022 (63.9%), against 116 (32.5%) for rival Bernard Sanders. These results mirror the statewide results, but Clinton did better in the district than in Baltimore County (57.8%).

On the Republican side, Trump's 141 votes (45%) edged John Kasich's 130 (41.5%). Ted Cruz received a mere 33 votes. Trump's proportion was lower here than in the county as a whole (58.2%) and the state (54%).

A larger total, 274 votes, went to Chris Van Hollen, Democratic candidate for U.S. Senate. His primary opponent, Donna F. Edwards, received only 57. On the Republican side, Kathy Szeliga received 122 votes, while her nearest rival, Chrys Kefalas, had 40.

Incumbent congressman, Elijah Cummings, received 227 votes in the 7th District of Maryland. His rival, Adrian Petrus, had 30. William Newton, the Republican winner, had 90 votes, against 75 for Corrogon R. Vaughan and 30 for Ray Bly.

District 08-022, of course, is not solely Broadmead. Election officials estimated that only a third to a fourth of its voters are Broadmead residents. The district runs from York Road, between Boxwood and Phoenix roads, and extends a mile or so to the east.

Veteran newsman comments on primary for Open Forum

By Ed Hirschmann

Donald Trump may have blustered his way to the Republican presidential nomination, but a veteran journalist, speaking at Broadmead's Open Forum, expects a far different result in the November general election.

Barry Rascovar, political writer for the Baltimore *Sun* and other area newspapers, called Trump a demagogue and a "master entertainer" who mobilized the "anti-party" anger of people who were hurt by the Great Recession and blame the Republican establishment for their losses. They have so smashed that party, he said, that there is now a "very good chance" that the Democrats will regain control of the Senate.



As for the Republican presidential debates, Rascovar called them "a zoo," with crowds cheering "outrageous" statements, and moderators egging them on.

On the positive side, the speaker lauded the career progress of Representative Chris Van Hollen, who won the Democratic nomination for U.S. Senate in a bitter contest with Representative Donna F. Edwards. Edwards, Rascovar said, failed in her effort to build a statewide majority entirely from African-American and women's votes. Van Hollen built a huge following in Montgomery County and was immediately accepted as part of the Congressional leadership team. He is someone to watch as a future prospect for vice president, "or maybe even the top job," he said.

Rascovar called State Senator Catherine E. Pugh, the Democratic candidate for mayor of Baltimore, "a common-sense legislator," who would work with GOP Governor Larry Hogan to meet the city's needs.

But some amendments to the city's charter must be defeated, Rascovar said, because they are actually a power grab by Bernard C. (Jack) Young, president of the City Council.

New trails and bench add to enjoyment of Trail Day, workers especially welcome

By Bob Heaton

Wellness Director Andy Switzer has set Monday, June 20, as the date for the annual Trail Day. The rain date is Friday, June 24.

It is hoped that a new bench purchased with money allocated from the Trail Fund will arrive in time for installation before or on Trail Day.

Universal participation is encouraged, and hikers will be provided with opportunities to improve the trail environment, if so inclined.

Branches need to be trimmed back. Bulbs need to be unearthed and divided. And the invasive plant, garlic mustard, needs to be ruthlessly uprooted.

Task performance is optional. Enjoyment of the day is entirely without obligation.

New trail maps by resident Jai Dixon will be distributed for the event. The map includes two new trails created this year by resident Michael Kelly: the "Goat Path" and the two-part "Stroll to the Top" and "Stroll to the Bottom." The Trail Fund was established by a resident's bequest in 2009 and is managed by Broadmead Inc., not the Residents Association. It has a current balance of about \$285,000.

Residents in safety gear view county's trash recycling operation

By Marj Espenschade Photos by Erroll Hay

Equipped with hard hats, safety glasses, earpieces and receivers, a busload of Broadmead residents spent a couple of hours last month at the nearby Baltimore County Central Acceptance Facility off Warren Road .

Following an informative lecture and video, the group climbed stairs and ramps to hot and dusty viewing stations from which the phases of recycling and disposal could be watched.

The trash arrives in county trucks that pick up from county residents and in huge vehicles that pick up from businesses and communities like Broadmead, which pay for the privilege of dumping. Heavy snow-plow-like equipment shoves the trash towards a maze of intersecting and overlapping conveyor belts, along which it is sorted by magnets and machines and by hand.

Workers at the facility include many from Baltimore County detention centers. They are paid \$15 a day.

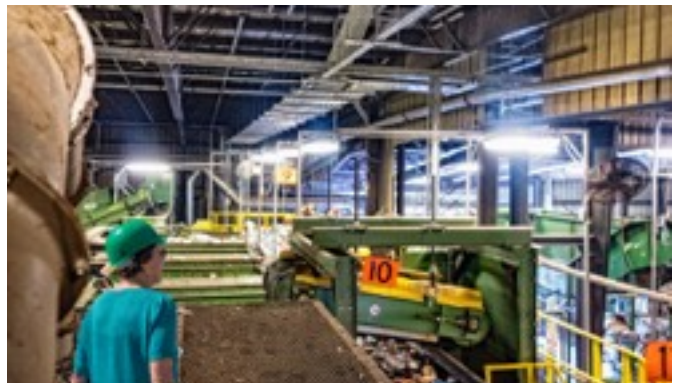
Once sorted, usable items are eventually baled for sale. Aluminum and clear plastic such as water bottles bring the highest prices. The center's location near the port allows Baltimore County to sell these recycled items up and down the coast and internationally.

Garbage is taken to the Waste to Energy plant in Baltimore City. Here steam turns turbines that create electricity. Baltimore County must pay the City to drop off the garbage and must pick up the ash and dispose of it in a county landfill.

The nearby Central facility is the most modern one in Baltimore County. It is currently also processing waste for Harford County until Harford's facility is ready.

Collecting and redistributing waste from 80,000 apartments and 240,000 homes costs Baltimore County \$68 million per year, or 59 percent of the county's public works budget.

The tour was arranged by the revived residents Recycling Committee.



Library survey provides information for new facility

By Del Sweeney

More large-print books, more current newspapers and magazines and more critically acclaimed fiction, along with comfortable chairs, brighter lights, computers and spaces for reading groups were cited by the 123 residents who responded to a survey that followed up on the work of the Library Committee engaged in consolidating and rethinking Broadmead's library facilities in connection with Center upgrades envisioned in the Master Plan.

The survey of residents in independent living and Taylor was conducted in April by the Library Work Group, consisting of Peggy Patterson, Ruth Martin and Del Sweeney, all former librarians. Residents reported that they used and liked the library, but had many suggestions for improvements. When asked what they thought was the best feature of the existing library, respondents put "convenience" in first place, or as some residents put it: "That it's here!"

A common feeling was that a library is an essential community resource at a place like Broadmead. Other aspects of the library that were ranked high were the breadth and quality of the collection, the paperback library, the magazines and newspapers in the Lounge and the large print collection.

A large number of residents recommended that more information and tours be provided for new residents and that a usable computerized catalog of materials be made available. They also asked that the location of books be better explained and more signage and shelf labels provided. Finally, there were recommendations for more large print books, audio and ebooks, more current materials, and more non-fiction books. Fifteen percent of respondents commented that they needed large print books or had low vision.

One of the main purposes of the survey was to see what types of library materials were most important to residents so that this information could be used in planning the new library, which will be consolidated on the lower level of the Center. The collections most

frequently named were current magazines and newspapers, critically acclaimed fiction, popular fiction, mysteries, biographies, history, and reference materials. In addition to the choices provided in the survey, residents added areas such as science, psychology and politics.

Of the 123 respondents to the survey, 74 percent reported using the Broadmead library in the past six months, and 46 percent took out books from the library in the preceding month. Two-fifths also borrowed books from the county bookmobile, and almost half bought books or ebooks in the previous month. Nearly one-third visited a Baltimore County branch library.

Of those who used the library, the main reasons were convenience, books that residents wanted to read, and the current collection of magazines and newspapers. Those who did not use the library said that they get the books they want from the bookmobile or the public library (in a number of cases by downloading ebooks) or that they buy the books they want. But a large number also reported that they didn't know how the library was organized.

Over the summer, the Library Work Group will consider all of these recommendations, many of which can be implemented directly by the Library Work Group. Other recommendations related to furnishings and lighting will be forwarded to the groups working on the Master Plan.

InSight Meeting

Tuesday, June 21, 3 p.m. Lower Level

Making the Most of Your Vision

Speaker - Michelle J. Bianchi

Occupational Therapist

Hoover Low Vision Center, GBMC

Watercolor Paintings by

"Complementary Colors"

Carolyn Murphy and other members

July 1 - July 29

Reception July 10, 2 - 4 p.m. East Hall



Elborg Forster, co-chair of the Writers Group, served as master of ceremonies for the group's annual readings in the Auditorium last month, opening with her offering titled "Calling All Writers." Shown from left are Suzanne Crowder, "Silent Witnesses"; Jim Butzow, "Migration" and "Windjammers"; Sibylle Ehrlich, "On Words"; Isaac Rehert, "Some Days I Wake Up"; co-chair Ann Allen Dandy, "Sylvian Fissure"; Flo Dunlop, "Posture Perfect" and "Harvest"; Janice Dykacz, "The Gift of Generations"; Thomas Kelso, "The Noble Hero"; Gwen Marable, "Breaking Your Leg in Burma" and "Today." Read in their absence were offerings by Bob Fetter, Susie Fetter and David Diorio.

Photo by Erroll

Guns, drugs, right to die discussed by legislators

By Ed Hirschmann

Guns, narcotics and drunken drivers may not be common in the safe little sanctuary of Broadmead, but they present severe problems for the larger outside world.

The Maryland General Assembly had to deal with these in its recent 2016 session. It will surely have to do so again when it meets in 2017 and probably in future years.

Two of Broadmead's best-known legislators, still recuperating from the recently adjourned session, presented their updated scorecards at a May Open Forum gathering. Susan L. M. Aumann, Republican, represents the 42nd District, which includes Broadmead. In her younger days, she confided, she worked here and helped build the walkways. Luke Clippinger, Democrat, is the grandson of resident Dorothy Sinclair. He represents the 46th District, which covers south and southeast Baltimore.

Clippinger, also a prosecuting attorney in Anne Arundel County, said too many people are being sent to jail for nonviolent crimes,

usually connected with drugs, instead of being given medical or health treatments.

"I'm a prosecutor, and I want less work," he remarked. The use of small amounts of marijuana for medical purposes has now been decriminalized, and the use of opioids for pain management should be considered.

Asked if there was any hope for a future "end of life" bill, which would allow a terminally ill person to end his/her life, Aumann did not answer directly, but said that "compassionate" appeals, from people afraid that an extended illness might ruin their family financially, should be considered.

A topic for future consideration is that of earned sick leave — whether a private employee is entitled to sick leave as a condition of employment. Another is the treatment of possession of loaded guns without a license. "Law-abiding gun owners know what to do," said Clippinger. "Unload your gun; keep it in the trunk of your car" when traveling.

Professor, journalist, Indologist, Hirschmann has had varied career

By Park Espenschade

Ed Hirschmann spoke to the Saturday Men's Social about his interest in Indian (South Asian) studies and his peripatetic career as newspaperman and professor.

Ed took us back to his early years, riding the #4 streetcar from his home in Windsor Hills into downtown Baltimore, schlepping to the Pratt Library and "looking for baseball stuff." Browsing through the stacks, he found a history of India.

"Did it even have a history?" Ed wondered. The seed was planted for a lifelong interest in India, culminating in a Ph.D. and two published books.

Ed got there, circuitously, via journalism. As a Johns Hopkins undergraduate he wrote for the campus newspaper, where resident Ross Jones was his editor. Failing to get a job with the *Sun Papers*, he made the rounds of several "minor league" newspapers.

Then while in journalism school at Penn State, he secured a Fulbright. Traveling by ship to India, he arrived in monsoon season. "Playing ping-pong on a pitching/rolling deck was a challenge," he said.

A year later, "knowing my mission was to tell Baltimore about India," he returned to the

States. This time the *Evening Sun* hired him, assigning him to the Towson Bureau because of the interest in the new Baltimore County executive, Spiro T. Agnew.

But India was still in Ed's blood. In 1965, blindsided by the seven-week *Sun Papers* strike, he hauled up anchor and went to the University of Wisconsin to begin doctoral studies. He made another long trip to India to finish his dissertation.

He then accepted a job at Towson University just as it was transitioning from a teachers college to a general education institution.

After 33 years of teaching, Ed retired. His one disappointment was a failed attempt to establish a South Asian Studies Center, because his colleagues kept "slip sliding away." Tempering this was the publication of his book on the British founder of the *Times of India*, and the witnessing of the closed door quota on Indian immigration pried open, thanks to Ted Kennedy's efforts.

Ed's talk closed with a few trenchant comments on India, including bad railroads, virtually inaccessible archives, and managing in a country with 22 official languages and innumerable dialects. He is currently working on a third book.



Getting ready for last month's Preakness Stakes, Hallowell held a hat decorating workshop using straw bonnets and lots of flowers. At right, Kitty Connor models one result.

Photos by Bea Post



Broadmead Trips Committee

Watch the "TRIPS" bulletin board behind reception desk for summer day trips.



Walking carefully to avoid the muddy track at Broadmead's annual day at Pimlico are, foreground, Carolyn Berry, Judith Hundertmark, Mary Frances Wagley, and background, Ben Villalobos, Lolly Farrington, and Shirley Christie. Photo by Rhett Murphy

Hallowell and Taylor

Special Summer Events

(Check posted calendars for location)

JUNE

Date

- 15 3 p.m. Monthly Birthday Party
Jay Wachter – Banjo
- 17 3 p.m. Classical Piano with Esther
- 19 3 p.m. Father's Day Music Program
Larry Shirk
- 20 10:30 a.m. Taylor Cluster Meeting
- 22 11:30 a.m. Monthly Summer Cookout
- 22 3:00 p.m. Folk Music - Norm Hogeland
- 23 10:30 a.m. Alan DeValerio
Former White House butler
- 24 10:30 a.m. Sing-along - Aggie Merrick
- 25 3:00 p.m. Rear View Mirror Music
- 29 2:30 p.m. Wedding Memories
- 30 2:30 p.m. Happy Hour / Greg Lupton

JULY

- 1 10:30 a.m. John Butler's Travel Program
- 1 11 a.m. Hallowell Cluster Meeting
- 2 3 p.m. Dr. Johns - Musical Memories
- 4 2:30 p.m. Old Time Piano - Shirley
- 8 3 p.m. Classical Piano with Esther
- 9 3 p.m. Musical Entertainment
Clair Spohn
- 14 10:30 a.m. Sing-along - Aggie Merrick
- 16 3 p.m. Music with Frank Plumer
- 18 10:30 a.m. Taylor Cluster Meeting
- 20 3 p.m. Monthly Birthday Party
Steve Flynn
- 22 3 p.m. Harp Music with Laura Gibson
- 24 3 p.m. Music - Ron Onda
- 27 11:30 a.m. Summer Cookout
- 27 3 p.m. Folk Music - Norm Hogeland
- 29 10:30 a.m. Sing-along - Aggie Merrick

AUGUST

- 5 10:30 a.m. John Butler's Travel Program
- 5 11 a.m. Hallowell Cluster Meeting
- 5 3 p.m. Harp Music with Laura Gibson
- 6 3:00 Dr. Johns - Musical Memories
- 11 10:30 a.m. Sing-along - Aggie Merrick
- 12 3 p.m. Classical Piano with Esther
- 13 3 p.m. Vintage Entertainment
- 15 2:30 p.m. Piano Music with Shirley
- 17 3 p.m. Birthday Party
The Good Timers
- 24 11:30 a.m. Summer Cookout
- 24 3 p.m. Folk Music - Norm Hogeland
- 26 10:30 a.m. Sing-along - Aggie Merrick
- 27 3 p.m. Music – Karen & Otis

ALSO

- Bus Trips: 1 p.m. 2nd and 3rd Tuesdays
- Art Therapy: 2:30 p.m. Tuesday/Thursday
- Music Therapy 6 p.m. Wednesday

In Memoriam

Margaret Kraus

February 17, 1926 May 7, 2016

Hertha Krotkoff

December 30, 1923 May 9, 2016

Dorothy Barr

March 6, 1929 May 12, 2016

Joye Jennings

August 4, 1916 May 12, 2016

Mildred Smeallie

February 21, 1919 May 23, 2016

Emily Laisy

April 27, 1925 May 27, 2016

Nancy Henley

October 27, 1934 June 3, 2016

Elizabeth Mohr

June 8, 1917 June 4, 2016

Golden shovel breaks ground



CEO John Howl, fiancée Wendy Chesser and her daughters Bonnie, 9, and Anna, 12, helped begin construction on their new home last week with the aid of a gold-painted shovel and a lot of smiles.

John and Wendy will be married August 20 in San Diego, where John, one of nine children, has family ties. Wendy concurred in the Far West decision after a visit there that included horseback riding on the beach. Receptions in both California and Maryland will follow.

To answer the “when” question asked by many residents since the couple announced their engagement last year, John announced the wedding date and introduced Wendy at the BRA annual meeting on June 6. Their new home will be on an 11-acre site about a half-mile north of Monkton, where they plan to have horses and pet pygmy goats.

Until the house is ready in about 10 months, John and Wendy will maintain their separate apartments at Broadmead and Loveton Farms, since neither is large enough for the new family of four.

By Marcia Reinke Photo from Wendy's iPhone

BROADMEAD BRIEFS...

By Marcia Reinke

Photos by Erroll Hay

Attending her 75th reunion from Goucher, **Dorothy Krug, T-321**, was one of those whose picture was taken by a roving photographer.

Dottie, a resident of Broadmead for 17 years, graduated from the college in 1941. Although other class members may still be alive, she said only she and one other made it to campus for the April event. Dorothy has received awards from Goucher for her volunteer activities



Dorothy Krug

Now that he has more staff, Wellness Director **Andy Switzer** plans to rotate instructors among the various classes to give residents a broader range of exercise experience. Because each instructor will conduct a class somewhat differently, Andy calls this approach “surprising the body,” which he believes yields a better outcome.

The saying “**you can’t teach an old dog new tricks**” obviously does not apply to loving owners and pet store suppliers, who have now come up with “doggie diapers.” Like all too



many older humans, aging canine companions sometimes have problems with leaks. Hence diapers, which come in a variety of colors and are either washable or disposable. Modeling one of the washable kind is Cadi, who belongs to Sibylle

Ehrlich, C-13. Sibylle prefers the washable kind because they won’t fill up the landfill.

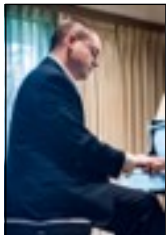
Birdwatchers saw swallows swooping over the stormwater management pond (aka Lake Maybe) as resident Anne Allen Dandy led a Saturday morning bird walk during the spring migration season. Seen this year on walks, in

addition to the usual warblers, woodpeckers and bluebirds, were red-breasted grosbeaks and green heron, which it is hoped are nesting nearby.

Pest control specialists who recently worked to exterminate carpenter bees said that the product they are using does not harm plants, animals or people.

Close to **200 prospective residents**, 40 percent of whom were seeing Broadmead for the first time, accepted a Marketing Department invitation last month to experience "A Taste of Broadmead," far exceeding attendance at similar prior events. The event included a lavish luncheon by Food Services. Resident "ambassadors" helped with tours.

Pianist Chad Bowles presented a program of classical music, including Debussy, Schumann, and Liszt, for the May concert series sponsored by the Residents Association Music Committee.



The June program, Symphonica Brass, was scheduled for June 12.

"In every person there is something that is good," said **Elie Nahimana**, a Quaker pastor from Burundi and co-founder of a program known as Healing and Rebuilding Our Communities. Speaking at Broadmead last month, he said, the program aims to heal the hidden wounds



of the country's civil war. He has collaborated with Broadmead trustee Adrian Bishop of the Quaker African Great Lakes Initiative.

Finch chooses perilous nesting site



Undaunted by the opening and closing door, a female house finch chose a flowering decoration on Alice Christensen's R-8 front door to raise her family. At left, is mom; at center, the eggs; at right, the baby birds.

Photos by Erroll Hay



Receptions were held to say goodbye to two who left Broadmead last month: Director of Housekeeping Beth Connors and Nurse Practitioner Robin Kaufman. Shown here at left are resident John Michener and Beth; and at right, Robin and resident Bill Breakey.

Broadmead residents can now support the Residents Association while shopping on "Amazon Smile."

Proposed by Finance Committee member Vernon Wright, the Smile program is widely used by non-profits. Vernon has already set up an account in the name of the BRA.

The Amazon Smile site is just like the regular Amazon site with a charitable twist. Once a purchase is made through smile.amazon.com and the Residents Association is designated, Amazon will donate 0.5 percent of the price to support BRA programs and activities.

Here are the easy steps. Open web address smile.amazon.com. Once logged in using a regular Amazon sign-on, search for "Broadmead Residents Association" and click on "select."

Using Amazon Smile does not change any credit card points already being received or any discount program. Friends and family may also participate.

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.
Stony Run Board Room

Interfaith Vespers

3rd Sundays at 4:30 p.m., Lounge
June 19 The Rev. John Seltzer
Retired Lutheran pastor

Bible Study

(sponsored by Woodbrook Presbyterian Church)
Tuesdays at 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
2nd Wednesdays at 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
1st Thursdays at 10:30 a.m.
Dining Room flex space

Conversations in Religion and Philosophy

(sponsored by Towson Unitarian
Universalist Church)
To resume in September

First Monday Book Group

10:30 a.m. Fireplace Room,
July 4 *Olive Kitteridge* by E. Strout
(No Book Group in August)

Photography Exhibit

Photos by Pete Lund
Lower Level Hall

At 98, Carolyn continues to garden and teach others with failing sight



By Penny Partlow

Broadmead public spaces will be brightened this summer by the efforts of Carolyn Whittington, who at age 98 has been cultivating prize flowers for the weekly flower arrangements for 18 years. Carolyn is a lifelong gardener who shared her enthusiasm and skills with the InSight low vision group at its May meeting,

With the help of her friend Kathy Mitchell, Carolyn planted several raised beds of dahlias that yield dazzling blooms for lobby arrangements.

Carolyn brought seedling zinnias to the meeting to illustrate how she and Kathy mark the pots with orange duct tape and huge black letters so that the mixed colors stay mixed when planted.

Her two favorite tips for optimum bloom are regular cultivation of soil around the plants and water, water, water with weekly Miracle Gro.

Classified as legally blind 10 years ago, Carolyn makes use of many available aids for low vision and functions more effectively than many sighted younger people. She lives alone in her cluster apartment, tends her gardens, goes to musical events, entertains and looks like the cover of a fashion magazine. However, she no longer goes to the theater or to baseball games.



Broadmead Movies

Auditorium 7 p.m.

June

Saturday, June 18	<i>Billy Elliot, The Musical</i>
Tuesday, June 21	<i>Outrageous Fortune</i>
Saturday, June 25	<i>How to Lose a Guy in Ten Days</i>
Tuesday, June 28	<i>I Love You Alice B. Tolkas</i>

July

Saturday, July 2	<i>The Patriot</i>
Tuesday, July 5	<i>Legends of the Fall</i>
Saturday, July 9	<i>H.M.S. Pinafore</i>

Tuesday, July 12	<i>Mr. Holmes</i>
Saturday, July 16	<i>Drums Along the Mohawk</i>
Tuesday, July 19	<i>Passage to India</i>
Saturday, July 23	<i>You Will Meet a Tall, Dark Stranger</i>
Tuesday, July 26	<i>Young Lions</i>
Saturday, July 30	<i>The Help</i>

August

Tuesday, August 2	<i>Remember</i>
Saturday, August 6	<i>White Fang</i>
Tuesday, August 9	<i>The Finest Hours</i>
Saturday, August 13	<i>Sabrina</i>
Tuesday, August 16	<i>The Queen</i>
Saturday, August 20	<i>A Royal Night Out</i>
Tuesday, August 23	<i>Hello, My Name is Doris</i>
Saturday, August 27	<i>Mommy Dearest</i>
Tuesday, August 30	<i>Whiskey Tango Foxtrot</i>

New cat complains about dog bias in the Voice

I would like to introduce myself. My name is Autumn and I am a new resident in K-7 at Broadmead. Dogs in the community have lately received a lot of press, so these pages

deserve a little "cat time."



A proud American Shorthaired Brown Tabby, I was originally a resident of Harford County, where at one-and-half years old I found myself in a dismal cage (imagine) in the county Humane Society until a man and woman

walked in, accompanied by their daughter and two granddaughters.

I recognized one of the girls who often visited as a registered "Cat Hugger." Long story short, no sooner had I flirted openly with the man than I found myself in a cozy carrier headed to Timonium and a new life.

Our little Cape Cod house was cozy, and I became used to the fact that getting outside

meant wearing a harness and leash. My zip-leash allowed me to catch (and release) quite a few chipmunks and mice, keeping my skills sharp.

Then my people brought home a red van and the travels began. I provided the *Voice* with a map showing all the states we visited but was told there was no space. I used to yowl my way across the miles, but I'm a quiet traveler now.

I chose Broadmead for my semi-retirement because I heard that it was a very pet-friendly community, which I now know is true. I am thrilled with my sunroom and its lively views. I have already chased squirrels, birds, fox and deer, all within the comfort of my home.

By the way, I share K-7 with Jai Dixon and Jane Elkinton. They are very nice humans.

Paint and Pastels

Thursdays, 10 a.m. - noon
Art Studio

VOICE OF THE RESIDENTS
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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the preceding month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the preceding month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, should be typed and sent to voice@broadmeadra.org, with a hard copy in *The Voice* mailbox or the box in the BRA office.

Style Sheets are available on request.



Enjoying a fun-filled “Hats and Socks” night dreamed up by the Spirit Committee are Gay Block, Gwyn Sirota, Katie Smith and Chartise Pugh, front row, joined by dining room staff, from back left, Sha-nya Ross, Crissy Keemer, Adeysha Crowder, Brandon Lee, Desyre Pickett and Soniya Crosby.

Photo by Jackie Mintz